

OCTOBER 2024 NEWSLETTER



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LITFIELD HOUSE
Medical Centre

Dear General Practitioner.

Litfield House continues to be busy, with a wide range of both new and existing specialities available for patients. Additionally, we continue to update our facility and are in the process of refurbishing the "Panel" consultancy room into clinical room. For a detailed view our rooms, please click on the following link

<https://www.litfieldhouse.co.uk/healthcare-professionals/consultancy-room-hire/>

Our website has also been updated with the following consultants:

- Andrew Mallick – Paediatric Neurology – Private Patients
<https://www.litfieldhouse.co.uk/consultant/andrew-mallick/>
- Timothy Burge – Consultant Burns & Plastic Surgeon – Medico Legal Only
<https://www.litfieldhouse.co.uk/medico-legal/>

Trisha Tanner

Practice Manager

CONSULTANT OF THE MONTH



Dr Forbat is a Consultant Cartologist working independently at Litfield House. He graduated from St. Thomas' Hospital MBBS and BSc Physiology, 1st class honours. He was awarded an MD in Cardiology University of London on 'The In-vitro Properties of Hypertrophic Myocardium' from pressure and volume overloaded hearts. In 1995 he was the first interventional cardiologist appointed Cumbria (West Cumberland Hospital, Whitehaven) setting up a full diagnostic service including angiography, pacing, mobile ECHO services and TransPennine ECHO image transfer to

regional centres in the Northeast. He since has worked in many Trusts around the UK, where Dr Forbat taught on his special interest in management of diuretic therapy in heart failure, introducing his 'Diuretic Planner'.

He lectured on his use of telemedicine with the Docobo Hub and Careportal to manage patients remotely in the UK and abroad. Careportal also enables him to screen at risk patients for atrial fibrillation as part the strategy for stroke prevention. Dr Forbat is offering this service at Litfield House.

At Litfield House he offers a 'one stop' clinic:

- New consultation 40 min and same visit can include: 12 lead ECG & Echocardiogram with image review and discussion

Other investigations to book:

- 24 Hour Blood Pressure Monitor
- Ambulatory ECG Monitoring with ZioPatch
- Telemedicine with Careportal to diagnose and monitor your progress
- Imaging CTCA and CMRI

<https://www.doctify.com/uk/specialist/dr-lance-forbat#reviews>

Upcoming Events

We are coming to the end of our last series of lectures for 2024, the remaining lectures are as follows:

7th November 2024 @ 7.30pm

Lecture: "Psoriasis Management in Primary Care and Skin Lesions"

Speaker: Julie Van Onselen – Dermatology Lecturer Practitioner, Dermatology Education Partnership Ltd, Check4Cancer and National Eczema Society

14th November 2024 @ 7.30pm

Lecture: "ADHD in Adults – What a GP Might Want to Know"

Speaker: Dr Stephen Davies – Consultant Psychiatrist

To sign up contact Victoria via email or telephone (as below), or you can sign on to the lecture via our website, link as follows (including full overviews):

<https://www.litfieldhouse.co.uk/healthcare-professionals/education-and-events/>

Victoria Gee Marketing & Events

marketing@litfieldhouse.co.uk

Tel (Direct Line): 0117 317 1486

Please click on the following links for more information:

Consultancy/Surgical Suite Hire
[Consultancy Room Hire Bristol | Litfield House Medical Centre](#)

Consultants and Specialities
[Consultants and Specialities | Litfield House Medical Centre](#)

Medico Legal
[Medico Legal Matching Service | Litfield House Medical Centre](#)

Education and Events
[Education and Events | Litfield House Medical Centre](#)